



# Module 2 : Data Validation With Date

## 2.1 Introduction

**Data validation allows you to restrict the type of data and number of characters that the user enters into a cell. If a person ignores limitations and types them in anyway, an error message will pop up.**

To set up data validation for dates, first go to the Data tab, and then find the Data Tools group.

Click on Data Validation. A dialog box will pop up - go to the Settings tab and find the Allow box. Here, select Date. In the Data box, select what sorts of restrictions you would like to make, like allowing dates after a certain day.

Then, enter the start, end or specific date. TODAY is also a valid date.

## 2.2 Video Instruction

**Data Validation With Date - 2m 01s**

## 2.3 Task

*Estimated Time: 10 minutes*

Download the worksheet that accompanies this video by clicking below. Once downloaded practice Data Validation With Date in Excel using the video above as a reference.

[Download Worksheet](#)

Option #2: Worksheet without formula

[Download Worksheet](#)

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