



## **Module 23: How to Make a Balloon Flower**

- How to make a balloon flower - picture tutorial
- How to make a balloon flower - video tutorial

**By the end of this chapter, you will know:**

- How to make a flower balloon model

### **23.1: Step-by-step Guide**

**The balloon flower is simple yet effective and is popular at any type of event.**

See the instructions below for details of how to make one yourself.

#### **Step 1**

For this technique you will need two different colour balloons. Inflate them both.



## Step 2

Using just one of the balloons - place your finger on the knot and push it inside the balloon...



Grab the knot inside the balloon with your other hand...



Keeping hold of the knot, remove your finger from the balloon...





Twist the balloon in front of the knot.



### **Step 3**

About half way down the balloon pinch and twist the balloon...



Bend the balloon back on itself...



and perform a lock twist to give you a petal / leaf.





#### **Step 4**

Repeat step 3 to create another leaf.



## Step 5

Pick up the other balloon and hold the two ends together.



## Step 6

Push the top of the balloon down to the area that you are already holding...



Now twist it together.





## **Step 7**

Place the centre of the balloon in the centre of your chest.



## Step 8

Pull the centre of the two circles together and twist.



## Step 9

Pick up the first balloon that you made.



## Step 10

Place the centre of the second balloon on the top of the first balloon.





## Step 11

Hold in place with your thumb and gently pull the stem part of the flower (1st balloon) through the petals (the second balloon). Then straighten it up.



**Finished Product**



## **23.2: Video Tutorial**

**How to make a flower -03:09**

## **Go and Practice**

*estimated time: 30 minutes*

Using the instructional video and pictures tutorial above as a reference spend at least 20 minutes making a flower model. Practice until you feel comfortable doing them.

**Once completed you are ready to start the next module**

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