



## Module 6 : CHOOSE Formula

### 6.1 CHOOSE Formula

**The CHOOSE formula in Excel is used to return a value from a list.**

You can use CHOOSE to return multiple types of data. You can also use CHOOSE to return text, numbers, dates and more. CHOOSE is very adaptable and can be used in multiple other formulas to expand their use, such as LOOKUP formulas. You can use CHOOSE to return up to 254 different values by using an index number.

For example, if you assign values 1 through to 12 as months of the year, CHOOSE will return the month corresponding to that number. 1 would return January, 2 would return February, etc.

The formula is written as: **=CHOOSE(index\_num,value1,[value2],...)**

index\_num - The value to choose/a number between 1 and 254.

value1 - The first value from which to choose.

value2 - The second value from which to choose.

### 6.2 Video Instruction

## **CHOOSE Formula - 3m 38s**

### **6.3 Task**

*Estimated Time: 10 minutes*

Download the worksheet that accompanies this video by clicking below. Once downloaded, follow the video above and you will see how the results are reached for the CHOOSE formula.

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