Now that you have studied this module, make your way through this worksheet to see how well you have really done. Be sure to make a concerted effort with each of these activities and be honest at the end if you feel you could do with another revision session.

We recommend that you allocate at least 30 minutes to this worksheet.

SELF-MARKING
At the end of the worksheet is a convenient answers/feedback and advice section to allow you to see how well you have done.
You are not required to return this worksheet.

Activity #1 10 minutes

Define Autism in your own words:

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Define Asperger’s Syndrome:
Activity #3

10 minutes

Explain Fragile X Syndrome:
Autism is commonly defined as a mental condition that is present from early childhood, although diagnosis might occasionally not be until later life. The onset typically occurs around age three, possibly because it would be difficult to notice the condition before that age. Autism is characterised in large part by extreme difficulty in communicating, forming and maintaining relationships, relating to others, using language and understanding abstract concepts.

Often thought of as a high-functioning form of Autism, Asperger’s is characterised by a fixation on certain subject matters, difficulty reading social cues and an unusual speech pattern. Those with Asperger’s have average to above average intelligence and lack the learning difficulties associated with Autism. They often go on to achieve academic success and may find careers that let them focus intensely on their special interest.

The most common cause of inherited learning disabilities, like Autism and Down’s Syndrome, range from mild to severe. There are many similarities between the symptoms of Fragile X and Autism, such as delayed speech and language development, anxiety, short attention span, overactivity, impulsiveness, difficulty relating to others, dislike of eye contact, need for routine, hand flapping, biting and repetitive speech. It’s also possible for people to have both Autism and Fragile X.

SUMMARY

Much of this module should have proven to be fairly straightforward and self-explanatory; however, if you do not feel you have taken in all of the relevant information covered in this module or you have not done particularly well in this worksheet, find the time to run through the module again.